

Learning Disability NEWSLETTER

Welcome

In this issue of the Learning Disability Services Newsletter we have a focus on services to support carers and families, as well as sharing some of the opportunities for you to be involved.

Carers week was celebrated at the beginning of June and some of you may have engaged in the activity programme offered by the carers service. If you haven't signed up to the carers register you can find out more on P4. There is also information for carers from minority ethnic backgrounds and for young carers in the service.

There have been celebrations in our Learning Disability services across the city; look closely and you may be able to pick out some familiar faces! We have a special article from Jordan Kerr who shared his experience participating in the 2022 International Mixed Ability rugby tournament. Well done Jordan!

The inquiry into Muckamore Abbey Hospital is ongoing and the service is providing support to people impacted by this. You can read more information about the inquiry on page 11.

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Being Involved...

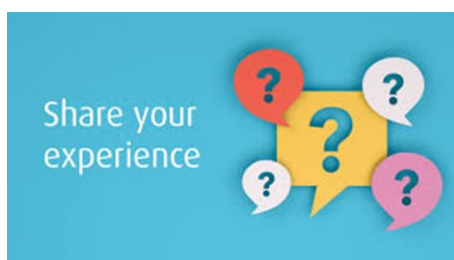
Carers from across the service have been becoming more involved in the service provided to them and their loved ones.

We have had 3 Learning Disability Forum meetings which have provided the opportunity for carers to speak directly with management and share their experiences of what has been working and what needs to improve within the service.



Carers have been engaged in regular meetings regarding accommodation options in the Belfast Trust and have been supporting the service to develop a booklet with information they need. We plan to launch this autumn. Carers are welcome to attend and receive their booklet, they can speak to staff who can answer their questions about accommodation for people with a learning disability. Please contact Elizabeth on 02895043312 for more information and to register.

Carers have been engaged in conversation regarding the reopening of services, including day services and respite care. Many of their ideas and suggestions are being progressed by management. If you want to be part of these discussions and help make positive changes with management, please get in touch. Also sign up to the involvement mailing list.



Carers on the involvement mailing list have also been able to share their experiences through the completion of surveys, focus groups or reading proposed drafts of policies / documents that may be used in the service. This has been very valuable to the staff teams working in learning disability and we really appreciate the ongoing work and commitment of carers to involvement.

Contact elizabeth.stevenson@belfasttrust.hscni.net to sign up to the mailing list or for more information on the involvement opportunities. You can also call 02895043312.

“Involvement is about active and meaningful participation ... empowering people to impact service delivery”

Since September 2021 we have had 9 joint learning opportunities for staff and carers to come together and hear accurate and updated information from services that are relevant to them. Check out the below events and also keep updated by joining the involvement mailing list.



Young Carers (Action for Children)

Wednesday 7th September at 10.30am

Mark Colley from Action for Children will explain what they can offer to young people who have a sibling with a disability . They have services for young people up to the age of 30 and it is often a great opportunity to meet other young people who have similar experiences.

Carer Support Service

Tuesday 20th September at 10.30am

Margaret McDonald will share information about what is happening within the carer support service and how you can make the most of what's on offer.

Making Your Home Accessible

Wednesday 12th October 2022 at 10.30am

Jenny Toland, Occupational Therapy Manager in Learning Disability, will provide you with information on what supports may be available to adapt your home to better meet your loved ones needs, including the disability grant to provide more space in your home.

Office of Care and Protection

Wednesday 16th November at 10.30am

The office of Care and Protection will provide information on the services they provide including Enduring Power of Attorney and controllership applications that may support you planning finances for the future, in the event that you are unable to make decisions for yourself. Presented by Olga Edwards

If you are interested in joining a session please contact Elizabeth Stevenson on
Tel: 028 95 043312 or Email: elizabeth.stevenson@belfasttrust.hscni.net

Carer Support Service

Join the Carer Support Service Information List - Carers can register their details by scanning the QR code and join the Carers Information list to receive a quarterly newsletter and regular information relating to carers. Carers can also register by calling 02895042126.



New Weekly Listening Clinic

Carers can book into a new weekly listening clinic to speak to one of the Carer Information & Support Officers. This confidential listening service will be available from September on Tuesday afternoons for carers who want to speak to someone about their caring role.

To book an appointment Carers can contact the team at T: 028 9504 2126 or

E: CarerSuppSvcs@belfasttrust.hscni.net

Join Margaret McDonald on Tuesday the 20th of September at 10.30 through zoom to find out what's happening in the carers service. Contact Elizabeth Stevenson on elizabeth.stevenson@belfasttrust.hscni.net for more details.

Meet Jennifer Yu, Community Development practitioner for minority ethnic communities

My name is Jennifer Yu, Community Development Practitioner. My role is to provide a link between the Trust and minority ethnic groups, services and carers in order to improve health and reduce health inequality.

Part of my role is supporting unpaid carers who are from different minority ethnic backgrounds. Carers can encounter financial, physical and emotional challenges and have their own needs. Many minority ethnic carers have additional pressures on a daily basis because of language barriers, lack of family support, culturally inappropriate services and discrimination.



My involvement with minority ethnic carers includes: providing relevant health and social care information in English and other translated languages, linking with the Trust and voluntary services, supporting people to access carer assessments, carer grants and other carer support services. I also work with the Carer Support Service to run a minority ethnic carers group. The members of the group are from very different nationalities, such as African, Chinese, Indian, Pakistani, Polish and mid-Eastern to name a few. The carers speak different languages and have different cultural and religious beliefs. 26% of carers on the active minority ethnic carers list care for a family member with a learning disability.



Minority Ethnic Group Carer Activities

The group provide activities for carers every 6 to 8 weeks which aim to reduce isolation, create mutual support and social contact, promote self-care and emotional resilience. The activities are an opportunity to learn new skills. The activities include:

- Arts and crafts/flower arranging
- Outings/park walk
- Opportunities to take part in physical activities
- Social events
- Health information and complementary therapy sessions
- Information and coffee mornings
- Cooking/baking workshops

If you know any carers from ethnic minority communities who might be interested in joining the events or become a member of the group, please contact: Jennifer Yu -
Telephone: 02895 046720 | Email: jennifer.yu@belfasttrust.hscni.net



Supporting Young Carers and Young Adult Carers

Action for Children provide a Young Carers Service in Northern Ireland supporting carers aged 8-18 and provide the Young Adult Carers Service aged 18— 25

They raise awareness, identify and provide direct support to children and young people who look after or help to look after someone in their family who is unwell or has a disability.

The direct support they provide includes:

- Young carers needs assessment;
- Personal support, advice and guidance;
- Individual and group support;
- Trips and activities during school holidays;
- Help to access specialist services;
- Help to access universal services such as leisure and youth services.

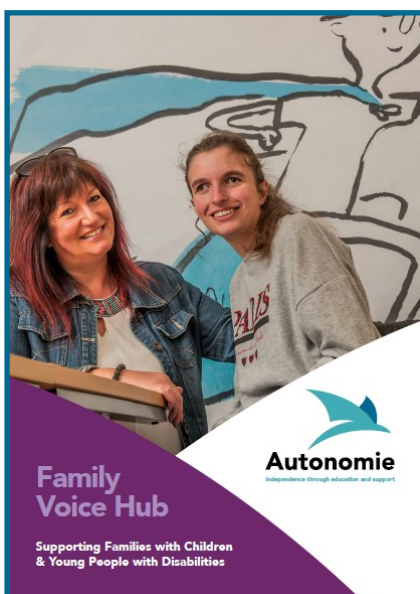


Young carers, their families or professionals can contact the Service Coordinator, Aisling Reynolds to find out more information or make a referral on [028 9046 0500](tel:02890460500), email: niyoungcarers@actionforchildren.org.uk or via the [Facebook page - NI Youngcarers](#).

Join us on September 7th at 10.30am to hear more about our work through Zoom, (To sign up e-mail elizabeth.stevenson@belfasttrust.hscni.net)



Transitioning From Children's to Adult Services



Transitioning from children's disability services to adult services can be a very challenging time for the person moving services, their parents and their siblings.

Autonomie is a voluntary organisation that aims to provide support to young people and their families until they are 30 years old.

If you would like to find out more how they could support you, the person you care for or other young people in your family check out their website www.autonomie.org.uk or call 02895918051 / 07872519900

Meet Barbara Redmond, Health & Lifestyle Facilitator



My name is Barbara Redmond. I work as a Health & Lifestyle Facilitator for the Health Improvement Team.

I deliver and support the development of health improvement initiatives; to help improve the health and wellbeing of individuals and reduce the chances of them becoming unwell.

Part of my work involves working closely with Learning Disability services. There is evidence that those with a Learning Disability are more likely to be impacted by a range of health conditions including obesity and diabetes.

To help improve the health & wellbeing of people with a Learning Disability and reduce obesity, I assist in establishing and delivering new programmes to promote more participation

opportunities. I have worked with a number of services to provide a range of both physical activity and nutrition programmes.

One of the programmes is the "I Can Cook it!" Programme which gives people the opportunity to enhance their cooking skills and develop an interest in healthier eating.

Over the last number of month's people from Bluebell Cards (outreach for Adults with a learning Disability) took part in the I Can Cook it! Programme. Those who attended engaged well in the sessions and are practicing their new recipes at home.



Paula helping to make lasagne



COVID-19 Support

If you need help or support due to the Coronavirus contact:

Advice NI: Tel: 0800 915 4604

Email: advice@adviceni.net

Mixed Ability Rugby—IMART



INTERNATIONAL MIXED ABILITY RUGBY TOURNAMENT CORK 2022

IMART stands for International Mixed Ability Rugby Tournament. Mixed ability rugby involves players with or without physical and learning disabilities playing in the same 15 a side rugby game abiding by World Rugby Laws. IMART Cork 2022, held from 5th to 10th June, was the third World Cup. The first, which was held in Bradford England in 2015, was won by Sundays Well Rebels who hosted this year's event. The second, which was held in Vitoria Spain in 2017, was won by Pumpas Argentina.

This year's event was delayed from 2020 due to the pandemic and was worth every minute's wait. There were 24 mens and 4 womens teams from around the world, including Canada, Italy, Spain, Belgium, Ecuador, El Salvador, Argentina, England, Ireland, Scotland and Wales.

Each team was made up of a combination of 'star players' with disabilities and had to play 6 games on a full size rugby pitch for 50 mins. The Belfast side Malone Tornadoes finished in 3rd place.

Jordan Kerr, a player on the Malone Tornadoes Team wrote this account of his time in Cork:

In the weeks running up to the IMAR World Cup, we had been training and preparing every Monday night at Malone Rugby Club. I was looking forward to going to Cork to meet teams from different parts of the world and making new friends. I always get along so well with everyone on our team so I was excited to go on this tour with my team mates.

So on the Sunday 5th June, we set off on the long drive to Cork. We unpacked at the University Accommodation and made our way to the opening ceremony. The opening ceremony was very entertaining with live bands and the Taoiseach of Ireland, Michael Martin opened the games. Afterwards he walked around chatting to players.



Mixed Ability Rugby—IMART



On Monday morning we started playing games of rugby. We played one game on Monday and two on Tuesday and got through to the final eight. We won our next match on Thursday morning and got through to the semi-final. Unfortunately we were narrowly defeated in that match by 10 points to 7. Our final match on Friday was for the 3rd place play-off. It ended in a draw but our team had more 'spirit of the tournament' points so we finished 3rd. The rugby was very tiring and pretty tough at times but I really enjoyed it. The whole team played really well, both the players with disabilities and facilitators.

Off the pitch there were lots of activities every day; I even tried some boxing. We were provided with lunch and dinner every day at the tournament. Every evening there was entertainment at the grounds and we all had fun dancing and singing and made new friends from all over the world. I swapped my top with an Argentinian player - a few players did the same.

We were free on Wednesday to do our own thing so some of us did a walking tour of Cork in the morning and then visited pretty Kinsale in the afternoon.

The whole experience of IMART Cork 2022 was fantastic and our team members have bonded even more. I can't wait for the next IMART World Cup to make even more new friends and play against different teams. Hopefully IMART will grow locally and around the world.



Benefits Check



It's difficult to know what benefits you are entitled to as eligibility criteria can change over time and your personal situation may also change.

The Department of communities have tried to make the process of knowing what you are entitled to as easy as possible. You can now ring the “make the call” line from the comfort of your own home and find out what benefits you may be able to apply for. (Lines open Monday—Friday 9-5)



make the call

0800 232 1271*

text 'CHECK' to 67300*

nidirect.gov.uk/makethecall

Northern Ireland only

*network charges may apply

The Muckamore Abbey Hospital Inquiry

The Muckamore Abbey Hospital Inquiry (MAH Inquiry for short) formally opened its public sessions on Monday 6 June 2022.

What is a Public Inquiry?

A Public Inquiry is set up by legislation generally to deal with matters of serious public concern. Its purpose is to establish facts, to find out what happened, why it happened, who may be accountable, and to try to learn lessons to prevent the events happening again.

What is the purpose of the Muckamore Abbey Hospital Inquiry?

The MAH Inquiry has been set up to examine the issue of abuse of patients at Muckamore Abbey Hospital. It has to determine what happened, why it happened, and the range of circumstances that allowed it to happen. The purpose of the Inquiry is also to try to ensure that such abuse does not occur again at Muckamore Abbey Hospital, or any other institution in Northern Ireland that provides similar services.

What is Belfast Trust's approach to this Inquiry?

The Belfast Trust is very sorry for any abuse that occurred at Muckamore Abbey Hospital.

We are fully supportive of the work of the Inquiry. We encourage our staff and anyone with an account to give, to engage openly and honestly with the Inquiry. We understand the weeks and months ahead may be distressing. We will work together, supporting our service users and patients, their families and carers, and each other to the best of our ability. We are committed to playing our part in this process. We will assist the Inquiry to establish the facts of what happened, what may have caused it, and what might be learned to improve services, both in Northern Ireland and elsewhere.

How do I contact the Inquiry?

People can contact the MAH Inquiry by telephone on **028 9051 5462** or by email at info@mahinquiry.org.uk

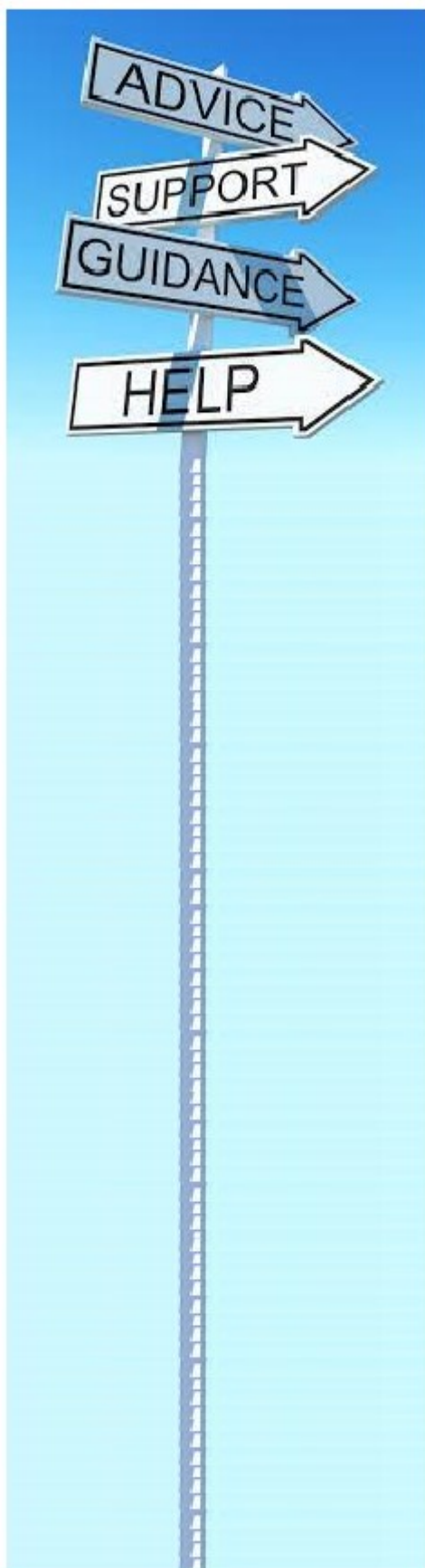
More information is also available on the Inquiry website: <https://www.mahinquiry.org.uk/>

Who can explain what the Trust is doing to engage with the Inquiry?

Sara Templer is our Public Inquiry & Trust Liaison Service Manager. Sara can explain what is happening. If you have any questions, please feel free to contact Sara by emailing: MAHInquiryTeam@belfasttrust.hscni.net



Getting to know the Community Learning Disability Multi Disciplinary Team



In each issue we hope to introduce you to some of the professions you may come across within the Multi Disciplinary Team...

Social Worker

People are allocated a social worker in their Community Learning Disability Team to complete an assessment of their needs. A Social Worker will promote and protect a person's human rights and assess risks to maximise a person's independence. A social worker also supports carers and will offer a carers assessment to assess their needs. Social workers will often refer to other services to ensure that a person has access to the support they need.

Speech and Language Therapy

Speech and language therapy provides treatment, support and care for adults who have difficulties with communication, or with eating, drinking and swallowing.

It is important to eat, drink and swallow safely this helps people to

- Enjoy safe mealtimes with no coughing or choking
- Eat enough and keep a good weight
- Keep healthy with a clear chest.
- Drink enough and keep hydrated

It is important to have a voice and be heard. Good communication helps people to

- Understand
- Tell others what they want
- Make choices and decisions
- Do things for themselves
- Have control of their lives
- Stay safe
- Be included
- Enjoy being with other people

Getting to know the Community Learning Disability Multi Disciplinary Team

Community Learning Disability Nurse

A Community Learning Disability Nurse may be allocated to complete a nursing assessment to assess for the requirement of nursing support. The Community Learning Disability nurse provides guidance and support to a person with complex physical and mental health needs. The community learning disability nurse works in partnership with the person, their families, carers, professionals and the wider community to promote their independence and support the person to improve and maintain their health and wellbeing.

In Focus— Physiotherapist

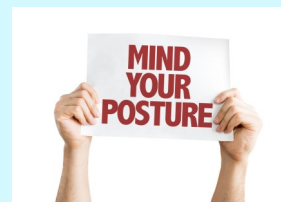
This person is a professional who helps people affected by injury, illness or disability through movement and exercise, manual therapy, education and advice. They help people of all ages to maximise their physical ability, manage pain, prevent disease and reduce the risk of further problems arising in the future. They can prescribe equipment such as splints and wheelchairs that they will continue to review to ensure it meets a person's needs.

On June 21st this year the physiotherapy service offered a session to service users, carers and staff to learn more about Preventing and Managing Back Pain. The feedback from the session was very positive and they will offer the session again on the 7th of December at 10.30am. If you are interested in attending please contact elizabeth.stevenson@belfasttrust.hscni.net

Key messages from the Physiotherapy Service

Prevention is better than cure

- Think about your posture before you move, try to prevent injuries especially to your back by following advice. Adjust equipment such as bed height to avoid poor positioning.
- If you or your client/family member has been provided with any physio equipment for example walking aids, splints etc and they are showing signs of wear and tear, please ask for a referral to physio from any other health or social care professional involved e.g. social worker or GP or day care worker from day centre.



Day Services - It has been an eventful few months across day services. Check out if you can see some familiar faces!

Whiterock Day Centre

Birthday Celebrations for Janine

We had our first big birthday celebration for a member post pandemic– we are looking forward to more of these! Pictured is Janine Clarke celebrating her 40th Birthday.



Indoor Games

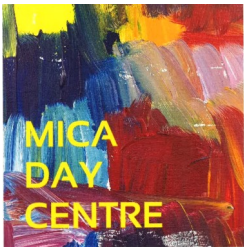
Declan O'Brien and Emmanuel Cromie enjoying indoor games at Whiterock, in anticipation of the weather improving enough to be outside more!



Presentation for Walkers

Pictured is a presentation of awards and a small party morning for our walkers, who have been recording their walks. They achieved lots of steps and miles over the last year, and hope to improve in the coming year.





Mica Day Centre

EMMY CLARKE INTERVIEWS ANNMARIE



Annmarie, you're back over at Mica as Assistant Manager on a full time basis, how do you feel about being back?

It feels like coming home! I've just slipped back into things, its lovely being back

How has your Covid experience been?

Too long! I (touch wood) haven't had Covid and hopefully it will stay that way.

Are you still a Liverpool fan?

Absolutely!

What do you think of them this season?

Great, they must get dizzy, always at the top! I love the manager Klopp and the new kit is cool.

Is it nice being around some of the old faces?

Less of the old Mr Clarke, we're all young here!!! I mean I haven't aged a day since I last worked here.

What are your hopes for the rest of the year?

No covid and no war.



Mica Newsletter Out Now!

Contact Neil for info:

E-mail neil.wilson@belfasttrust.hscni.net | Phone- 028 9024 1727

Jubilee Celebrations

To celebrate the Jubilee we had food, music and special events. We had delicious assorted sandwiches, sausage rolls, chicken nuggets, crisps and tray bakes. We also had music, karaoke and games.



We had scones, jam and cream every morning



Here is Rachel playing 'Pin the crown on the Queen'

Walks and Coffee



We all want to get fitter now that winter is behind us and summer is on its way.

We love to go for walks and stop off for a coffee and charm the locals with our charisma.

Just don't ask us to smile for a photo!

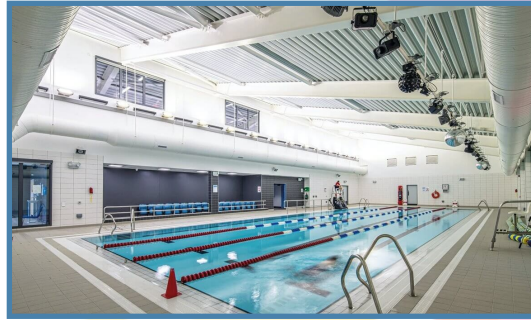
Mount Oriel Day Centre

Activities are Back!

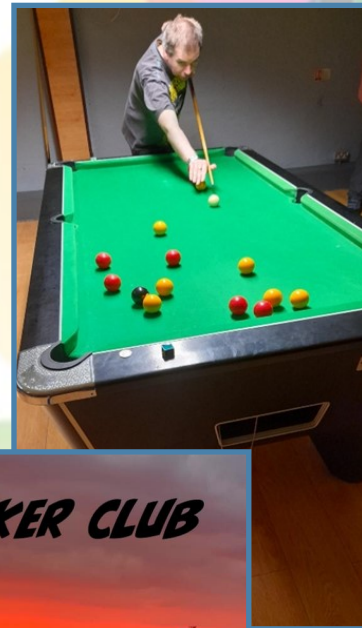
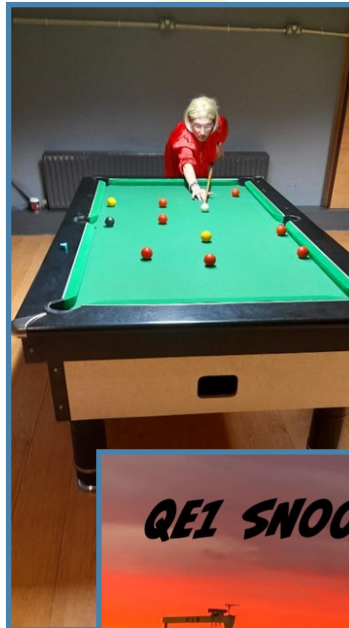
Swimming



We have been taking part in swimming sessions at the brand new 25-metre pool complete with sensory features in Brook leisure centre.



Snooker



QE1 SNOOKER CLUB

Table Tennis



We go to play table tennis at The Mount or Pool at QE2 on Fridays. Alex said "It's brilliant". Competition is high!

Community Sports Network



From Left to Right: David Campbell, Martin Mclean, Ian Kinnear, Michael Laird, William Stewart



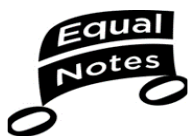
From Left to Right: David Campbell, Ian Kinnear, Michael Laird, Martin McClean, William Stewart, Dean Cole

New Mural

Well done to everyone in the ETC Club who participated in creating their new mural with support from ACE SprayWorks and Arts Council of Northern Ireland. It's very eye catching. The members of the club helped bring ideas, design, create and produce an amazing street art mural for our local community centre and the local area to admire! The group showcased a bit of what they get up to on a daily basis at ETC club, highlighting our interests and mission statement of inclusion in society for our members. Everyone is very welcome to visit the mural at the Morton Centre. You can also check out how it was produced on a video timelapse on the group's Facebook page. Well done everyone!



From Left to Right: Amy Finnegan, Matthew Stuart, Jordan (ACE Sprayworks), Jacqui Watson; Ian Kinnear; Michael Laird; Leanne Thompson; Dean Cole



Equal Notes Choir



The Equal Notes choir have returned to in person rehearsals with a special session held on Thursday 23rd June for Learning Disability Week at the POD in Cityside.

The choir has been holding regular rehearsals from Friday 8th July at 11.00am.



Interview - Matthew and Geraldine

How is the choir?

Matthew– It’s good, brilliant like.

Geraldine– I love it.

How do you find the Zoom Choirs?

Geraldine– I’ve got used to them now

Matthew– Yeah, they’re good

Geraldine– It’s a good way for everyone to be involved if they’re still worried about Covid.

Any word on you all meeting up in person?

Matthew– We might be meeting up at the end of May

Geraldine– Down at the Hub! I miss getting down.

Matthew– Me too.

What have you been singing?

Matthew– I’m doing a solo of ‘Love Is All Around’, that Wet Wet Wet song

Geraldine– I’m singing ‘Ain’t No Mountain High Enough’ (*Geraldine immediately breaks into song*) I know all the words!

Have you been singing any songs that were new to you?

Matthew- ‘Letter From America’, I’d never heard it before but I really like it

Geraldine– I already knew it

Matthew– Are there any songs you don’t know?

Geraldine– No!

Any plans for the future?

Matthew– Nothing at the moment

Geraldine– Hopefully we’ll be able to perform at Christmas

Matthew—What about singing here at Mica?

Geraldine– I’d love that

Matthew– Yeah, that’d be great.



@equal_notes

If you know someone who might like to join us, please get in touch.

Contact Karen Diamond Tel: 07711109268 or Email: diamond.karen@outlook.com

Spotlight on Advocacy

Through consultation with the carer's forum and focus groups; it was evident that many people weren't aware Independent advocacy services were available for people with a learning disability. We have provided some information on two of the advocacy services available in the Belfast Trust area that people with a learning disability can receive support from: **'Bryson Independent Advocacy Services'** and the **'Telling it Like It Is'** group.



Bryson Independent Advocacy Service supports some of the most vulnerable people in society. They aim to empower those who need help speaking up for themselves, so they may be heard by those entrusted with their well-being and the protection of their rights.

About the Service This service is commissioned by the Belfast and South Eastern Health & Social Care Trusts. Primarily they support adults with a learning disability living at home in their own community. They also have an important role in supporting those living in Muckamore Abbey and their Carers. The personalised service provides short or long term support to meet individual need. In Bryson Care they promote and encourage other forms of advocacy, for example, they have been involved in establishing Day Care and Residential Group Advocacy and the facilitation of service user forums. The aim is to amplify the collective voice of individuals with similar issues and to empower them to articulate their needs and wishes.

Service Aims Bryson's Advocacy Service is person centred, each individual is encouraged to speak for themselves, but where this is not possible the advocate in the presence of the person will speak on their behalf.

Service Objectives:

- To provide an independent service which has a person centred approach putting the interests of the service user first.
- To provide a service that wherever possible empowers the service user to speak up for themselves (self-advocacy), and support them to voice their own needs and wishes.
- To inform service users of all information regarding their options and choices relating to their individual issues in a non-biased way and using language that is clearly understood.
- To work within the boundaries of confidentiality

Referral Process The service is available in the Greater Belfast area which encompasses Muckamore Abbey Hospital, and also throughout the South Eastern Trust Area.

Referrals are made through professionals working within Adult Learning Disability Programmes of care. Self-referrals are also accepted from individuals who are in receipt of support or care from the Adult Learning Disability Teams. The standard referral form is available online, by request from the Advocacy Service or via email. Each service user will have a named advocate that will manage their case confidentially, impartially and respectfully.

Contact (028) 9032 5835 or check out www.brysoncare.org



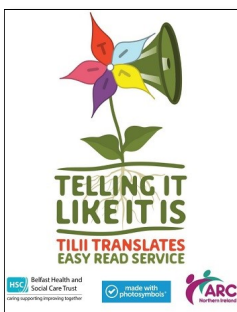
The “Telling It Like It Is” project is a group of adults with a learning disability who are keen to have their voice heard. Originating out of the resettlement agenda and part funded by Belfast Health & Social Care Trust, South-Eastern Health & Social Care Trust and the Western Health & Social Care Trust, groups operate within local communities and hospital settings.



We have been working hard making films for TILII TV.

To celebrate Learning Disability Week we looked at world issues from climate change to the War in Ukraine, as well as things closer to home like the Health Service. We also made a film talking about what we are proud of, and what we love. Bethany spoke about TILII’s Advocacy work and how speaking out for others is so important. Rita talked about her art work, and raising money for charity. TILII love singing and dancing too, watch us dancing to Shake your Tail Feather it was great fun. <https://arcuk.org.uk/northernireland/telling-it-like-it-is/tilii-tv/>

We have also made films about Advance Care Planning for the DoH, the films will be released later this year.



**TILII TRANSLATES
EASY READ SERVICE**

Making information accessible for all, that means easy to understand, is a really important part of TILII’s work. People are getting to know how good we are, and we got our first job from across the border.

We will work together to make good relationships with everyone

We welcome everyone. We will make all Health and Social Care spaces welcoming and safe for everyone.

We will be fair and respectful. We will see everyone as important. We will treat other people in the way we would like to be treated.

We will treat everyone in a good way. It does not matter:

- how you look
- where you are from
- what language you speak
- who you vote for
- what religion you follow.

If someone is treated badly then we will do something about it.

Safeguarding

Safeguarding means helping people to be safe from abuse and neglect.

Abuse is when someone does or says things that hurt you.

Neglect is when you do not get the care and support you need.

Abuse and neglect is always wrong. You have the right to be safe from abuse and neglect.

If abuse happens to you or someone you know then tell someone you trust.

People you can talk to:

- staff or carer
- family and friends
- your social worker
- your doctor
- the police.

We can all help keep people safe.

Road Safety

How to stay safe walking near roads

Road safety rules.

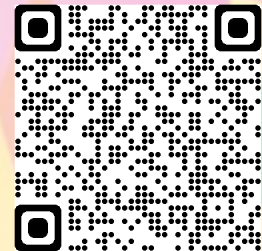
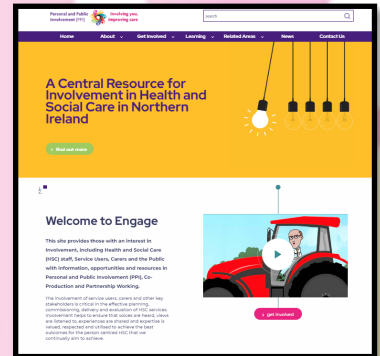
How to cross roads safely.

We love making new friends, so if you want to find out more about becoming a TILII member you can talk to Louise our TILII Coordinator: Louise.hughes@arcuk.org.uk | Telephone 028 9038 0960

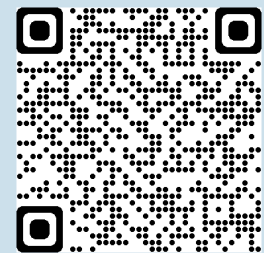
Get Involved ...

Engage

The Public Health Agency (PHA) has a website called **Engage**. The website provides service user/carers, the public and Trust staff from across Northern Ireland with information and resources about how to get involved within Health and Social Care Trusts. Personal and Public Involvement (PPI) supports people who use services to have a say in how they are planned, commissioned, delivered and evaluated. Involvement is about informing, empowering and enabling people to make their voices heard, listened to and suggestions used. Recently the **Engage** website has been modernised and redesigned, to make it more user friendly and easier to use. You can access it by using the below QR code or using website link: <https://engage.hscni.net>
Tel: 0300 555 0114



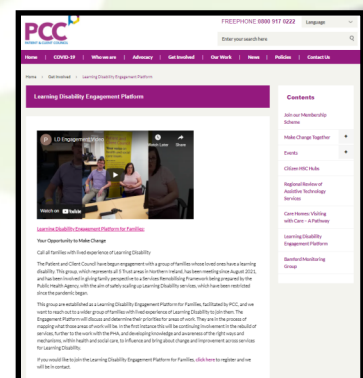
If you have received services from the Belfast Trust you can share your story at www.careopinion.org.



Patient & Client Council



<https://pcc-ni.net>
Tel: 0800 917



Get Involved ...

Join our Mailing List

Joining our mailing list is the best way to keep updated about opportunities to become involved in Learning Disability Services. You will receive updates about information sessions, focus groups and new developments that you could be involved in. If you would like to join the Learning Disability Involvement mailing list tick the box at the bottom of the page overleaf and return to the address identified, you can call or e-mail on the details provided or you can scan the QR code.



Working together



Excellence



Openness & Honesty



Compassion

Personal and Public Involvement (PPI)



Involving you, improving care

Learning Disability Newsletter

If you would like to contribute to the next issue of the Learning Disability Newsletter, by submitting stories, suggesting pieces that may be relevant to others or by supporting the editing to make it more user friendly, please contact Elizabeth Stevenson on 02895043312 or e-mail elizabeth.stevenson@belfasttrust.hscni.net



How Can We Improve Our Service?

If you have any comments/suggestions fill in this form:

NAME :

ADDRESS:

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PHONE NUMBER:

EMAIL ADDRESS:

Comments:

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Please post your comments to:
Elizabeth Stevenson. BHSCT
2nd Floor Graham House
Knockbracken Healthcare Park
Saintfield Road
Belfast BT8 8BH
Or email: elizabeth.stevenson@belfasttrust.hscni.net

Join our Mailing List

If you would like to join the Learning Disability Involvement mailing list tick here or scan this QR Code:



<https://forms.office.com/r/1UQLa6zmg7>